

# eats & sweets

old town lafayette colorado

Our salads are made any way you like 'em! We use only the freshest veggies and ingredients. We encourage you to Create Your Own and add on as much as you want or pick one of our salads.

## POPULAR SALADS

**ORGANIC QUINOA** - our daily organic quinoa made with fresh herbs over a bed of mixed greens and tomatoes. Choice of dressing.  
Small \$7.99 Large \$8.99

**CAESAR** – crisp romaine lettuce, tossed with parmesan cheese, homemade seasoned croutons and our caesar dressing. Small \$6.99 Large \$7.99

**CHEF SALAD** – fresh cut greens, tomatoes, onions, green peppers, sliced egg, and croutons, topped with oven roasted turkey, ham, provolone and cheddar. choice of dressing. Small \$8.49 Large \$9.49

**SPINACH SALAD** – fresh baby spinach, tossed with red onions, blue cheese crumbles, hardboiled egg, bacon and croutons. Served with honey dijon mustard. Small \$7.99 Large \$8.99

**GREEK SALAD** – romaine, tomatoes, cucumbers, green peppers red onions, Kalamata olives, marinated artichokes and feta cheese. Served with a lemon vinaigrette. Small \$7.99 Large \$8.99

**CAPRESE** – fresh mozzarella layered with, tomatoes, and basil. Served over a bed of organic mixed greens. Served with a balsamic vinaigrette. Small \$7.99 Large \$8.99

**ARUGULA SALAD** – peppery arugula tossed with fresh basil, parmesan cheese topped with fresh mozzarella in a lemon vinaigrette. Small \$7.99 Large \$8.99

## GROUP ORDERING SALAD FORM

NAME	SIZE SMALL \$6.99 LARGE \$8.49 UNLESS SPECIFIED	SALAD TYPE OR CREATE YOUR OWN	CYO GREENS NO LIMIT ON CHOICES	CYO PLANTS NO LIMIT ON CHOICES	CYO CHEESE	CYO DRESSINGS	MISC NO LIMIT ON CHOICES	ADD ON \$1.99 UNLESS SPECIFIED *ANTIBIOTIC/ STEROID FREE	CHIPS DRINKS, SOUPS, OR DESSERTS		
	<input type="checkbox"/> Small <input type="checkbox"/> Large <input type="checkbox"/> This & That (Half Salad & Soup)		<input type="checkbox"/> Romaine <input type="checkbox"/> Organic field greens <input type="checkbox"/> Chopped iceberg <input type="checkbox"/> Spinach (only) add \$1	<input type="checkbox"/> Tomatoes <input type="checkbox"/> Onions <input type="checkbox"/> Red onions <input type="checkbox"/> Black olives <input type="checkbox"/> Kalamata olives <input type="checkbox"/> Pickles <input type="checkbox"/> Cucumbers <input type="checkbox"/> Carrots	<input type="checkbox"/> Green peppers <input type="checkbox"/> Banana peppers <input type="checkbox"/> Basil <input type="checkbox"/> Cilantro <input type="checkbox"/> Celery <input type="checkbox"/> Jalapenos <input type="checkbox"/> Sundried <input type="checkbox"/> Tomatoes	<input type="checkbox"/> Blue cheese Crumbles <input type="checkbox"/> Feta crumbles <input type="checkbox"/> Shredded mix Cheese <input type="checkbox"/> Parmesan	<input type="checkbox"/> Blue cheese <input type="checkbox"/> Ranch <input type="checkbox"/> Balsamic vinaigrette <input type="checkbox"/> Lemon vinaigrette <input type="checkbox"/> Caesar <input type="checkbox"/> Oil & vinegar <input type="checkbox"/> Honey dijon mustard <input type="checkbox"/> Salt & pepper	<input type="checkbox"/> Croutons <input type="checkbox"/> Raisins <input type="checkbox"/> Sunflower seeds <input type="checkbox"/> Egg <input type="checkbox"/> Walnuts \$.50 <input type="checkbox"/> Artichoke hearts \$.50 <input type="checkbox"/> Sprouts \$.50	<input type="checkbox"/> Hummus add \$1.50 <input type="checkbox"/> Avocado \$1.50 <input type="checkbox"/> Egg salad \$1.99 <input type="checkbox"/> Tofu \$1.99 <input type="checkbox"/> Organic quinoa \$1.99 <input type="checkbox"/> Fresh mozzarella \$1.99	<input type="checkbox"/> Turkey <input type="checkbox"/> Salami <input type="checkbox"/> Ham <input type="checkbox"/> Roast beef <input type="checkbox"/> Pastrami	<input type="checkbox"/> Pepperoni <input type="checkbox"/> Tuna salad <input type="checkbox"/> *chicken salad <input type="checkbox"/> *turkey +\$2.50 <input type="checkbox"/> Bacon \$1.50
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Special instructions \_\_\_\_\_

NAME/CONTACT \_\_\_\_\_ ORGANIZATION \_\_\_\_\_

PHONE \_\_\_\_\_ EXT. \_\_\_\_\_ E-MAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

/ / DATE  
: :  
AM PM

PICK-UP DELIVERY

DELIVERY CHARGES MAY APPLY